

1st Annual Northeast Safe Patient Handling Conference

October 29, 2010

Holiday Inn, Concord, NH



AGENDA



- 7:00-8:00 Registration, Continental Breakfast, Visit with Vendors
- 8:00-8:15 Welcome
- 8:15-9:00 **Keynote Speaker Guy Fragala, Ph.D., PE, CSP**
Creating a Safer Environment
- 9:00-9:45 **Beth Stowell, BS, MPH, COHN-S, CHSP Safety Management Consultant**
Building the Business Case for Safe Patient Handling
- 9:45-10:00 **Break, Visit with Vendors**
- 10:00-10:45 **Kelly Flewelling, 2010 Best Practice National Award winner**
Ascension Health's SmartMOVES program and how we reduced worker injury significantly within St Mary's Hospital in Amsterdam NY
- 10:45-11:30 **Nancy McGann, PT**
The Science of Safe Patient Handling
- 11:30-12:00 **Lunch**
- 12:00-12:30 **Panel Discussion** All Speakers will be available to answer questions
- 12:30- 3:30 **Demonstrations and Hands-on Practice with a variety of Safe Patient Handling products designed to assist with common patient handling tasks:**
- Station 1** Lateral Transfer using friction reducing devices Rollbord and AirSlide
McAuley Medical, Inc.
- Station 2** Bed Repositioning, Seated Transfer and Standing Pivot
Samarit Medical, Inc.
- Station 3** Lifting a patient from the floor using inflatable devices CAMEL and AirStack
Mangar USA
- Station 4** Overhead track lifts, floor based total lifts and stand assist devices
Vancare Inc.
- Station 5** Supine lift and transport in the OR and Cath Lab using the SuperLIFT
McAuley Medical, Inc.
- Station 6** Multi-purpose patient treatment and transport chairs
Transmotion Medical, Inc.
- Station 7** Safe transfer of patients from wheelchairs to examination tables
Martin Innovations, Inc.

Meet the Faculty

Guy Fragala, Ph.D., PE, CSP



Dr. Fragala has over 35 years of experience as an Occupational Safety and Health professional and is a national expert in the application of ergonomics to the healthcare setting. Dr. Fragala currently serves as the Senior Advisor for Ergonomics at the Patient Safety Center of Inquiry in Tampa, Florida and is the Champion for the Creating a Safer Environment Program for Joerns Medical. He has participated in many field research studies, investigating the benefits of an ergonomics-based injury prevention program for healthcare workers. Dr. Fragala has also served as an advisor to OSHA regarding the development of ergonomics programs, standards and guidelines. He has been a consultant to a wide range of American industries including many healthcare organizations. Dr. Fragala has been an invited guest speaker at numerous national conferences. His book entitled, *Ergonomics: How to Contain On-the-Job Injuries in Healthcare*, published by the Joint Commission on Accreditation of Healthcare Organizations, has influenced much of the work today related to healthcare ergonomics and safe patient handling programs.

Beth Stowell, BS, MPH, COHN-S, CHSP

Beth has more than 28 years of experience in health/safety and occupational medicine. She has developed and implemented safety management procedures that yield safer work practices and control costs. Beth's interest in medicine has been applied to ergonomic intervention programs, with a special emphasis in healthcare Safe Patient Movement by eliminating the lift and minimizing high risk body mechanics. As a leader of the Healthcare service team at MEMIC, Beth has led the challenge to abate risks in a variety of caregiver settings as far away as California. She has presented the approaches and results at national meetings of AAOHN and AOHP. She has also been instrumental in developing an organizational development tool, the Cultural Safety Audit, which has been implemented in companies throughout Maine.

Kelly Flewelling, 2010 Best Practice National Award winner

Kelly, of St. Mary's Hospital, Amsterdam, NY, is a Certified Workers' Compensation Professional, Ergonomics Technician, First Responder, as well as Human Resources Specialist. Her vision is one of "helping our nurses stay on the floor and in their careers." Kelly was instrumental in the development, introduction, and ongoing operations of a safe patient handling program at St. Mary's.

Nancy McGann, PT

Nancy McGann has been a physical therapist for 20 years and is an ergonomic specialist for Exempla Healthcare. She has been an ergonomic consultant for healthcare institutions and industry for 19 years. She started her career as an outpatient orthopedic physical therapist specializing in the conditioning programs in the Boston area. She has been working to promote safe lift practices with the use of mechanical devices for 7 years. Over the past 3 years, she has worked on the implementation of a safe patient handling program for the Exempla Healthcare system. Exempla hospitals now have over 90 ceiling lifts with more planned for 2010, and there is also a significant increase in the use of mobile lifts and other safe patient handling devices. In 2009, Exempla Good Samaritan Medical Center experienced a 75% decrease in worker's compensation cost per patient room when compared to 2006, prior to the implementation of the safe patient handling program.

Safe Patient Handling Alliance



MCAULEY MEDICAL, INC.
Safe Patient Handling Solutions



VANCARE®
We move body and mind

