

# Complete Conference Agenda



## Here are some evaluations of the 2010 conference by attendees:

*Very inspiring speaker. Gave a lot of realistic ideas for all staff. Great presentation! Very helpful.*

*Excellent presentation! Very positive. Enjoyed hands on learning and visual inspection, and opportunity to ask questions.*

*Great job done by all!! Great program! Exceptional speakers, thank you!!*

For more information and to register for this year's Conference, please go to [McAuleyMedical.com](http://McAuleyMedical.com) and click on this symbol:





# 2011 AGENDA

**MEMIC**

MEMIC is a proud sponsor of the Northeast Safe Patient Handling Conference

7:00-8:00 **Registration, Continental Breakfast, Visit with Vendors**

8:00-8:15 **Welcome**

8:15-9:45 **Keynote Speaker Guy Fragala, Ph.D., PE, CSP, CSPHP**

*High risk tasks throughout the continuum of care*

Dr Fragala will discuss how to perform a Risk Assessment and identify high risk tasks throughout the continuum of care. A detailed look at specific tasks in Homecare, EMS, ER, Transport, Imaging, Medsurg and Long Term Care will be covered. There will be live demonstrations of some common high risk tasks and proven patient handling solutions that create a safer environment. Proper ergonomic positioning, technology used to measure forces and the results of research will be reviewed as well as Safe Patient Handling Program implementation and strategies for Management Support. Dr. Fragala will review strategies for preventing patient falls with the use of electronic alarms, specialty beds and other devices that help create a safer environment.



9:45-10:45 **John McAuley, BSET**

*Demonstration of Lumbar Motion Monitor and Push/Pull measurement devices*

John will present the results of recent independent testing performed to find the best solutions for reducing friction and lowering push/pull forces, and review Friction reducing devices used for Lateral Transfer and Bed Repositioning. He will demonstrate the very sophisticated Lumbar Motion Monitor developed at Ohio State University as well as simple lower cost push/pull gauges that measure applied force. A live demonstration using a push/pull gauge will be performed.

10:45-11:45 **Break, hands on with equipment**

11:45-12:30 **Lunch**

12:30-1:00 **Daniel Sullivan, MS, Director of Labor Relations and Workers Compensation**

*Hospital of Saint Raphael, New Haven, CT*

*How we built our business case and what we have accomplished*

Dan will take a hard look at how organizations are affected by work related injury and the true costs. He will look at which workers had injuries and what types of injuries occurred. He will review of the real cost of different types of injuries and the most frequent causes. Patient lift and transfer injuries, as well as slip, trip and fall injuries will be analyzed. Injury reporting, accident investigation, corrective action and incident prevention have all contributed to the success of their Injury Reduction Program.



1:00-1:30

**Alexandra Rella, PT, DPT, Injury Prevention Specialist**

**University of Pennsylvania Health System:**

**2011 Best Practice National Award winner**

Safe Patient Handling Program Implementation and Sustainability

Alexandra was presented with the 2011 Best Practice Award at the Safe Patient Handling Conference in Orlando in March of 2011. She will step us through her program implementation at the Hospital of University of Pennsylvania. Some of the topics will include program justification, keys to early success, development of a Safe Patient Handling Team, Sharing Unit Specific Data, SPH Policy, Patient Education, Keys to ongoing success, Program Monitoring, Surveys, and revising strategies for program sustainability.



1:30-2:30

**Break, hands-on with equipment**

2:30-3:15

**Lee J. Cyr, CPCU, ARM Director, Insurance Services, Synernet, Inc.**

A Discussion about Safe Patient Handling with various facilities

In this session, Lee will ask a series of questions to a wide variety of facilities and you will hear their detailed responses. He will ask if they have a Safe Patient Handling Program and how long has it been in place. Each facility will be asked what was identified as their top 3 high risk task and what they did to address each of them to create a safer environment. They will be asked what brought them their highest return on investment and as the session closes, each will share some advice to those who are looking to implement a program or are already in the process.



3:15- 3:30

**Closing remarks, turn in evaluation forms, retrieve CEU certificates**



## Meet the Faculty

**Guy Fragala, Ph.D., PE, CSP, CSPHP**



Dr. Fragala has over 35 years of experience as an Occupational Safety and Health professional and is a national expert in the application of ergonomics to the healthcare setting. Dr. Fragala currently serves as the Senior Advisor for Ergonomics at the Patient Safety Center of Inquiry in Tampa, Florida and is the Champion for the Creating a Safer Environment Program for Joerns Medical. He has participated in many field research studies, investigating the benefits of an ergonomics-based injury prevention program for healthcare workers. Dr. Fragala has also served as an advisor to OSHA regarding the development of ergonomics programs, standards and guidelines. He has been a consultant to a wide range of American industries including many healthcare organizations. Dr. Fragala has been an invited guest speaker at numerous national conferences. His book entitled, *Ergonomics: How to Contain On-the-Job Injuries in Healthcare*,

published by the Joint Commission on Accreditation of Healthcare Organizations, has influenced much of the work today related to healthcare ergonomics and safe patient handling programs.

cont.

## John McAuley, BSET



John received a BSET from the University of New Hampshire Engineering School and started his career as an Electrical Design Engineer for Lockheed developing Electronic Systems and Stealth Technology for the US military. He shifted to the Healthcare field in 1990 and devoted his design work to improving patient safety. John developed electronic systems to prevent Alzheimer patient elopement in Long Term Care Facilities and Infant Abductions from Acute Care Facilities. He developed numerous Fall Prevention alarm systems and healthcare building security solutions. He started his own company in 2002 with a focus on Safe Patient Handling to reduce caregiver injury and improve patient safety. Today, McAuley Medical, Inc. is an international company and his products are being used worldwide to reduce caregiver injury and prevent patient falls.

## Daniel Sullivan, MS



Daniel F. Sullivan is a graduate of Cornell University with a Masters Degree in Labor and Industrial Relations. He is currently Director of Labor Relations and Workers Compensation at Saint Raphael's Hospital in New Haven, CT. Dan previously worked for Cytec Industries where he held various positions in Labor Relations, Plant Management and Operation Management. Dan developed a keen interest in employee safety and injury prevention while working in the chemical industry which he has carried over to the Hospital environment.

## Alexandra Rella, PT, DPT



Ergonomics and Injury Prevention Programs.

Alexandra is currently Injury Prevention Specialist for the University of Pennsylvania Health System. She is a Physical Therapist who previously worked at the Hospital of the University of Pennsylvania as a treating therapist and manager. She has extensive experience in clinical education as an Adjunct Assistant Professor and Assistant Director of Clinical Education at the University of Sciences in Philadelphia, and 6 years of hospital-based experience as Center Coordinator of Clinical Education. Alexandra is a Certified Ergonomic Evaluation Specialist, and is presently Chair of the Employee Injury Prevention Committee that implements and monitors the effectiveness of the Safe Patient Handling Programs for the Health System. In addition to Safe Patient Handling, she has established health system-wide Office, Lab and Support Services

## Lee J. Cyr, CPCU, ARM



Lee has over 30 years of experience in the workers' compensation field. He started his career as a multi-line claim adjuster with Liberty Mutual Insurance in Portland, Maine in 1979, where he became a claims supervisor in 1984. In 1986, he joined Hanover Insurance in Maine to start and manage its workers' compensation claims department, a department that eventually grew to over 80 people. In 2002, Lee joined Synernet Inc., in Maine, as Director of Insurance Services. Synernet is provider of various administrative services to the healthcare industry, which in addition to workers' compensation administration services, include credential verification, medical transcription, and bio-medical equipment maintenance. Lee oversees three self-insurance programs, which cover 22 hospitals throughout the State. With one of the programs, the Synernet Workers' Compensation Fund, Lee has implemented and directed the "Safe Patient Handling Initiative" for its 15 mostly small, rural hospitals. The group is already approaching a 50% reduction in patient handling injuries, and has set a goal of a 75% reduction by 2012.

Lee a native of Maine, graduated from Bates College in 1979, and currently resides in Gorham, Maine.

## Safe Patient Handling Alliance



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NHNA is happy to endorse the Northeast Safe Patient Handling Conference